

# How to Design a Strong Teaching Plan

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Adapted from [Teaching Adults: A Guide for Transformational Teaching](#).

As you identify learning activities to use to guide learners through various phases of transformational learning, think about how to design an effective, transformational teaching plan. A strong teaching plan will do several things:

- 1. Strong teaching plans identify how the session needs to end.** Too often the clock, not the teacher, determines how the session ends. Know how to end the session before determining how it will start. Begin with the end in mind!
- 2. Strong teaching plans have time-segment estimates.** Teachers who fail to do this are much more likely to run out of time in the session and lose the closure that is needed. Don't let a great finish get pushed out because the bell rings. Think about the time needed for each activity.
- 3. Strong teaching plans grab attention from the beginning.** Do your best to stimulate interest. If you lose your learners, you may never get them back. Select learning activities that will communicate that the lesson is relevant and of value.
- 4. Strong teaching plans call for a variety of teaching methods and learning activities.** Select teaching activities that capture the interest of learners. Teachers who know the learning styles of their members can identify attention-grabbing methods to help them learn. Using methods that match how adults learn helps capture and maintain interest.
- 5. Strong teaching plans lead learners through all seven essentials of transformational learning.** Although not all of the essentials will be necessary in every session, a balanced approach based on careful planning assures that all essentials are covered in two or three weeks.
- 6. Strong teaching plans expose learners to the entire Bible passage.** This can be done in segments or all at once. If done in segments, be careful to pace your time so you don't bog down and run out of time. If done all at once, plan to do so at a time when it can achieve the greatest impact. This can come early or late in the session.