

# How To Have A Daily Quiet Time With God

Just as in any relationship, your closeness to God depends on the time that you spend with Him! Below are some tips for developing a habit of daily time with God:

## **Be Intentional!**

You must have a plan if you desire to grow closer to God. Your Quiet Time should include prayer, scripture reading, reflecting on what God is saying to you and what you should do about it. (A Quiet Time page is attached for you to duplicate as needed.)

## **Be Organized!**

When you meet with the Lord, come prepared with your Bible, a pen and paper or a notebook.

## **Be Committed!**

Try to meet at the same time each day so you develop a habit of spending time with God. For many people, first thing in the morning is the time when they are fresh and focused. You should also plan to meet in a place where you are not distracted by other people or things.

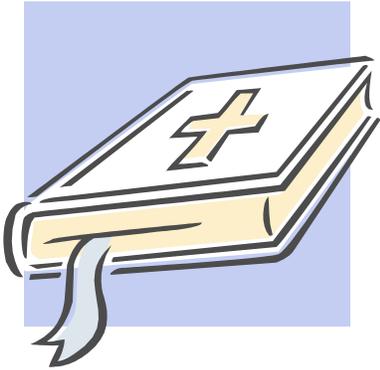
## **Be Creative!**

Use variety in your approach to your time with God. Perhaps you will read through a book of the Bible, a few verses each day. Or maybe you will pursue a topical approach, searching out all the verses that deal with your chosen topic. You may also use the lyrics to praise songs and hymns to help focus your time on God.

## **Be Expectant!**

Trust the Lord to meet you and to speak to you each time you get alone with Him! He desires that you know Him and spend time with Him!

## Listening Guide



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# Student Discipleship Leader S.K.I.L.L. Lesson # 1

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**Daily Quiet Time**

**Today's Date** \_\_\_\_\_

**Today's Scripture** \_\_\_\_\_

**Prayer for understanding...**

**What did God say to me?**

**What did I say to God?**

**What should I do about it?**

**Daily Quiet Time**

**Today's Date** \_\_\_\_\_

**Today's Scripture** \_\_\_\_\_

**Prayer for understanding...**

**What did God say to me?**

**What did I say to God?**

**What should I do about it?**

# Student Discipleship Leader S.K.I.L.L. Lesson # 1



## Sample journal entry

**First:** Pray, asking God to speak to you through His Word today.

**Second:** Read the passage. Look for the central truth of the passage.

**Third:** Answer the questions in your journal, then look for someone to share this truth with today!

### Daily Quiet Time Journal

Today's date: \_\_\_\_\_ Scripture: \_\_\_ John 3:16 \_\_\_

#### What did God say to me?

*(Write basic truth of the scripture verse or passage)*

God loves the whole world, so He sent His Son to die for our sins

#### What did I say to God?

*(Turn the basic truth into a prayer)*

Heavenly Father, thank you for sending Jesus to die in my place.  
Help me to love others enough to tell them about the gift of Your Son.

#### What should I do about it?

*(What specific action should I take because of this truth?)*

Pray for my friend \_\_(name)\_\_ and ask God to give them the desire to know Him.  
Ask for an opportunity to share about Jesus with them.